

HOW TO GUARD YOUR BEAUTY AGAINST WINTER WINDS

By LUCREZIA BORI

Prima Donna of the Metropolitan Opera Company



Camphor ice for the lips.



Softening paste for the hands.

There are comparatively few spots on the earth where Jack Frost and his band of evil-fingered elves fail to leave destruction in their wake. The beauties of the world have no fear that he is not going to work havoc with their charms, but the great majority of women who live in climates that are subject to changes of seasons dread winter's rough winds and biting frosts.

Instead of fearing winter winds and cold resolve to become an opponent strong enough to outwit Jack Frost. Provide yourself with a suit of armor that will protect you against the onslaught of winter. One of the most effective and simplest parts of the winter armor is a protecting lotion for the face. True, it is timeworn advice, this cold weather lotion, but only because it is good has it had the opportunity to become timeworn.

Those who have beautiful skins must protect them from the elements; those whose skins are not so faultless in texture and coloring must keep them from becoming worse.

An excellent winter mask is made by first applying a good cold cream to the skin and then gently wiping it off with a soft cloth, and then applying a pure face powder. It is understood that the skin must be thoroughly cleansed before the cold cream is rubbed on. Enough of the powder and cream should be left on the face to protect it, but not a sufficient amount to make you appear like a flour-bag. A little of the formula for an excellent cold cream to be used for this purpose:

Rosewater 4 ounces
Olive oil 1 ounce
Spermaceti 1 ounce
White wax 1 ounce
Mix the spermaceti, wax and oil together. When they are perfectly blended slowly add the rosewater, beating constantly with a stiff brush, until the cream is white and velvety.

The lips are far too tempting for Jack Frost to resist nipping if they are left unprotected. So it is well to rub camphor ice upon them before going out in doors. White cold cream or lip pomade can be used for the purpose, camphor ice is bet-

ter. It is so inexpensive that it does not pay one to mix it oneself. The hands are the special mark against which Jack Frost directs his force. He is never at rest until he has destroyed their smoothness, whiteness and softness. As a safeguard against this enemy to pretty hands keep a pair of cosmetic gloves in the dressing table drawer during the winter months. These may be an old pair of kid or chamotte gloves, three or four sizes too large, which have been saturated with the following paste:

White of an egg 1 teaspoonful
Glycerin 1 teaspoonful
Ground barley 1 ounce
Spread the cosmetic paste upon the hands and then draw the gloves on for the night.

I also wish to impress upon you the necessity of using a lotion upon the hands every time you wash them. This is the only way to have soft, white hands in cold weather. The following lotion is simple to compound, and there is none better for rough or chapped hands:

Glycerin 2 ounces
Rosewater 2 ounces
Rub the lotion well into the hands after they have been thoroughly dried.

You will have to pay particular attention to your elbows during the winter since there is nothing more unliking than skin that is rough and coarse-looking. Be sure to massage them with cold cream or cocoa butter every night before retiring. It is also wise to rub the small pads of anti-septic soaked in almond oil or heated cocoa butter on the elbows during the night.

If you want to preserve the beauty of your complexion and hands, lips and elbows, you will have to do a winter armor of softening creams or lotions to protect them against the ravages of winter cold and winds.

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WHAT IS A "LADY"? QUERY OF SUFFRAGISTS

Reply to Challenge Boldly Flung From "Anti" Both at Schaff Civic Bazaar

PREFER WORD "WOMAN"

What every suffragist wants to know about this time is, What, from the anti-suffragist, constitutes a lady?

A tiny remark, but of an exceedingly incendiary nature, was made in the "anti" booth at the recent Schaff Civic Bazaar. Things were pretty tame and a bold "anti" suffragist sister who chanced to wander out of her own precinct into the rival camp.

The rank and file of the suffragists are not ladies. The leaders are ladies, but the great majority of suffragists are not.

The remark has circulated, and from one of tolerant amusement the attitude of the suffragists has changed to one of consuming curiosity.

What is a lady? Does being a member of the common herd, mere rank and file, exclude one from "ladyhood"? Or has ladyhood a vulgar term, less preferable to the generic word "woman"?

"WOMAN" GREATER THAN "LADY"

"It would seem to me," said Mrs. George A. Dunning, chairman of the Woman Suffrage party, "that the statement that the rank and file of the Woman Suffrage party are not ladies is a great compliment, for we are better than mere 'ladies'—the development of a lady being only a question of education and environment. We are women with a wider vision, striving earnestly for better things by asking for our share of responsibility all along the line. I have always liked Tompkins' verse:

"Kind hearts are more than coronets
And simple faith than Norman blood."

Dr. Eleanor M. Heistand Moore, although one of the leaders in suffrage activities in Philadelphia, doubts, according to the strict anti-suffragist, she can be classed as a lady.

"People's opinions differ," she said, "as to what constitutes a lady. I know perfectly well that some of the ladies whom I understand the term—they are not ladies. A lady never gives offense—nor does she take it—unless it is intended. She is not a 'vatty' person, a gossip, nor is she a scandal-monger. The code of ethics and the code of breeding are the same. When the good Saxon term 'lady' was adopted the standard of breeding was negligible and manners primitive. Ladies' attire with their fingers, did their hair about once a week and slept as nature.

WHAT CIVILIZATION HAS DONE

"The growth of civilization resulted in a change of connotation of the word 'lady.' There is a misty fog of notion prevalent now in the minds of some that to be a lady one must live apart from the common herd in an atmosphere of violet sachet and lingerie ribbons, in the candle light of social exclusiveness, where the throbs of the great world's heart is never heard. Such a person may be 'gentle,' but surely not a 'lady' for her heart and sympathies have not yet been concentered to humanity and she has not yet become what we call colloquially 'a good mixer.'"

"Certainly the rank and file of the Woman Suffrage party are not ladies. Some of us are only 'near ladies,' though we hope to improve as God gives us grace. Some of us are still at the bridge-playing stage, tea-drinking, overfond of frills, given to powdering our noses, thinking chiefly of our own pleasure and our own little worlds. But give us time and—give us suffrage. Then we shall at least have a chance to broaden our sympathies and become more truly noble women among whom the distinction of 'lady' may be indeed, it should be—vulgar and superfluous."

EARLE STORE HONORS MERCHANDISE MANAGER

Banquet in Recognition of Services of Raymond M. Slotter—Friends Present Platinum and Gold Knife

A banquet was tendered in honor of Raymond M. Slotter, general merchandise manager of the Earle Store, last night, by the Buyers and Managers' Club of the store, at the Hingham Roof Garden. More than sixty buyers and members of the executive staff of the store attended.

Mr. Slotter is thirty years old and has been connected with the store since the receivership. Through his efforts much has been done to establish efficient management and modern methods. In recognition of his services a platinum and gold penknife was presented to him by his coworkers.

W. H. Benson, the general store manager, was toastmaster and told of the many things accomplished by Mr. Slotter for the Earle store. Addresses were made by Max Gutz, A. A. Lewis, A. Weinberg and H. Rambo. The banquet was followed by a vaudeville entertainment and selections by an orchestra.

AQUARIUM GETS 200 FISH

Fine Specimens Received From Willow Grove Park

W. E. Meehan, superintendent of the aquarium at Fairmount Park, announces the aquarium has received 200 fresh-water fish. They are local products, having been removed from Willow Grove Park.

Among them are large yellow perch, fine specimens of large mouth bass and a white sucker. There are also six yellow catfish, each between three and four pounds. Mr. Meehan says the catfish have gone to sleep for the winter.

Brand-New Babies

The Evening Ledger will print, free of charge, notices of birth, death, marriage, divorce, and other news items. Address "Brand-New Babies," Evening Ledger, 606 Chestnut Street. Name and address and when possible, telephone number of sender must accompany each notice so sent.

BROWN, Dr. and Mrs. Maurice, 537 North Fifth street, a daughter, Betty Virginia.

SMITH, Mr. and Mrs. M., 4116 Parkside avenue, a son, seven pounds nine ounces.

THOMAS, Mr. and Mrs. G. Brinton Thomas, Jr., Haverford, Pa., a son, Mrs. Thomas will be remembered as Miss Annette Davis.

TOWNSEND, Mr. and Mrs. Franklin, Jr., of Haverford, Pa., a daughter.

WELCHER, Mr. and Mrs. Frank E., 218 South Millcreek street, a son, Francis Edward, 7 1/2 pounds.

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HORLICK'S THE ORIGINAL MALTED MILK

Cheap substitutes cost YOU same price

Nothing More Stylish Than a Beautiful String of Pearls

5 AND 10 DOLLARS

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Women's Suits—Re-Priced

Were \$29.50 and \$35.00

Handsome Broadcloth Suits that have been much talked about as special values. Also Velours, Cheviots and Serges. All the latest style features. Fur-trimmed and self-trimmed. Handsomely and warmly lined. Newest colors. The best tailoring we can secure.

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Latest styles. One of a kind. Fine quality serge, head-trimmed and embroidered. Some Serge combined with Satin and Georgette. A real opportunity to secure a serviceable smart frock at a less-than-usual price.

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This Burgundy Boot is a Real \$7 Value—Our Price \$5

It is an all Burgundy kid boot with full Louis leather heels and hand-welted soles. It is a stunningly genteel boot, a style that no designer of Paris could improve.

The only reason we can sell such a wonderful little boot at our price of \$5 is because we eliminate all extravagant expenses; no charge accounts; no free deliveries; no high ground-floor rent; (our saving in rent alone is \$21,000 a year). You can't duplicate this boot for less than \$7 elsewhere. Our line of boots and slippers from \$3 to \$6 are the most popular in town.

Today we have it in all sizes and widths—next week we may not; so come in NOW.

ROYAL BOOT SHOP

2nd Floor Saves \$2

1208 & 10 Chestnut St.

Wrinkles and a Sallow Complexion that add years to your appearance can be removed. Refresh your face young by daily applications of Charm O'Graces

Antiseptic Skin Food—Contains No Mercury

This exquisite cream removes all facial blemishes, supplying the nourishment needed for restoring the glow of health to impoverished complexions. It preserves the subtle charm of naturally beautiful skin.

For sale by Jacob Hays.

If your dealer is unable to supply you we will send postage prepaid to any address on receipt of \$1.00.

The Regalotte Co.

Laboratory

4215 Spruce St.

FAUX PAS! ASSUREDLY! BUT IT WAS YULETIDE

He Told Mamma to Buy His Best Girl Coat Hangers, And

IT WAS SOMETHING ELSE

Exclusive of today, there are thirteen more shopping days before Christmas.

"I told him to send her coat hangers and she got trouser stretchers instead. It was all right, though; she married him, any way."

If you want to know how easily the thread of romance can be unspooled, or, on the other hand, the terrific strains it will bear, list to the conversations of the Yuletide shoppers.

"He said to me, he said"—the two women were standing in the aisle where a Christmas-suggestion-office-percolator perked to the tune of a \$3.98 music box warranted not to grow automatic in less than six months; "he said, 'You go out, Ma, and get her something that won't be too serious—like jewels or things to wear—and something that won't be too frivolous like candies or flowers. Get her something that's thoughtful without meaning too much.'"

The second woman nodded.

"And so," Number One continued, "I got

her coat hangers. At least, I thought I did. You see, she's a nurse and she has to go out quick a lot. I saw those wretched little hangers, six in a package, and I said to myself: 'The very thing, thoughtful without meaning too much.' You can't get any meaning out of a coat hanger, now can you?"

Number Two acquiesced to the utter neutrality of coat hangers.

"I said to the clerk, 'Get a fresh, clean box and wrap it nice. That's my usual habit; then you don't have to rewrap your presents—you just put your card on the outside and send them off.'"

"Tom, he was satisfied with the coat-hangers and Christmas morning he took them around to her, bright and early. Lo and behold, when they were opened up there was six little trouser stretchers. The clerk had made a mistake. But the girl was a nice, good girl and she didn't

get mad a bit. She wouldn't give them up either. Keep them for a souvenir, she said. But that little incident brought them close together. Yes, they were married in June. He's using them now."

If anything is needed to prove that conservatism and sentiment are more deeply imbedded in man than in woman, a visit to the bakery at this season will do it.

The thought of home-made Christmas cookies, the kind that mother used to make, all brown and crystallized of sugar and spice and everything nice, fills a man with a glow that is sentimental as well as gastronomic. The same thought fills a woman with visions of uncertain hours spent in the kitchen, hours of work that may yield only burnt offering not even "just as good" as the famous maternal brand.

Every man likes to think that the Christmas cookies in his house are home made.

SHOP HERE—DRESS SMARTLY—SAVE MONEY

FRANK AND SEDER

ELEVENTH AND MARKET STREETS

WOMEN'S & MISSES' OUTER APPAREL

TOMORROW—SATURDAY

Choose Any Dress in the House

at \$15

No Matter Whether It Sold for \$25, \$30, \$35, \$40 or \$45

Not a single reservation. Go through every rack and take your choice of any fine street, afternoon or evening gown for only \$15. There are Satins, Velvets, Georgettes, Crepe Metors, Serges, Wool Jerseys, etc., in scores of styles.

FRANK and SEDER, THIRD FLOOR

Beautiful Blouse Fashions

For Gift-Seekers Who Want the Very Latest

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Actually hundreds of distinctive new models. Nowhere in all Phila. will you find so extensive an assortment at popular prices. Starting at \$1.98—

at which price we offer more than 50 styles in exquisite lingerie, crepes de chine, Jap. silk, etc., and on up to the magnificent Georgette and chiffon suit blouses at \$4.95, \$6.95 and \$7.95; every fabric, color, size and style that you could desire is included. Come tomorrow. We'll furnish gift boxes upon request.

FRANK and SEDER

FRIDAY, DECEMBER 8, 1916

HOUSEHOLD HELPS

Some Delicious Nut Dishes

WE HEAR so often that "a handful of nuts is equal in food value to one pound of steak." Vegetarians especially are fond of dilating upon the superior nutritive value of this favorite protein, but we must realize the fact that there are differences in nuts just as there are in meats and vegetables.

Indeed, so great is the difference that certain nuts furnish not even one-third as much food value as others. For example, peanuts at seven cents a pound furnish four times as much energy as walnuts at twenty cents per pound, or even as port-house steak at twenty-five cents per pound.

Chestnuts, coconuts, hickory nuts and pecans are the cheapest nuts, but pecans, walnuts, almonds and Brazil nuts are so much higher priced that they cannot be regarded by any means as a "cheap" meat substitute. As a matter of fact, they would cost more if used in proportionately the same quantities. Their value lies in the fact that they relieve our "too-much-meat" diet of cold weather and they afford a welcome variety. Incidentally, they are more wholesome for growing children than excess meat—and active growing children mean to crave "meat"—that is to say, protein of some sort.

In buying nuts it is better to get them whole, unshelled and crack them at home. Buy the variety you desire at the regular price and do not believe that a bargain is obtained by buying "mixed" nuts. The mixed nuts cost more than the cheap varieties in the long run because invariably they often contain a larger proportion of the cheap than of the higher-priced varieties of nuts, although a higher price is paid for them.

Here is a vegetarian croquette that provides the solid basis of a meal to replace another protein—like fish or meat. This should not, however, be served at the same meal as substantial egg or cheese dishes, as it will make the meal top-heavy with protein.

NUT CROQUETTES

1 cupful of nut meats

1 cupful of milk

2 tablespoonfuls of flour

1 tablespoonful of butter

1 teaspoonful of salt

1 tablespoonful of chopped parsley

1/2 lemon, juice

1 egg

Mix the nuts, salt, lemon juice and milk together. Mix flour and butter and then add the cupful of boiling milk. Season

to taste and then add nut mixture and an egg, well beaten. As soon as cool form into croquette shapes, dip in egg and cracker crumbs and fry in deep fat until brown.

A more simple way of making nut croquettes is to mix equal parts of finely chopped nuts and bread crumbs, moisten with a well-seasoned cream sauce and then fry.

CASSEROLE OF CHEESE AND NUTS

1 cupful of chopped nuts (walnuts preferred)

1 cupful of bread crumbs

1 cupful of grated cheese

1/2 lemon, juice

1 tablespoonful of butter

2 tablespoonfuls of chopped onion

Salt and pepper to taste.

Onions are cooked with the butter, adding a little water. When soft, remove and drain the liquor from the onion. Mix nuts, crumbs, cheese and other ingredients and moisten with the onion liquor. Pour into a buttered baking dish and place in a hot oven for a few minutes until brown.

(Copyright.)

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A piece of jewelry. The diamonds
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"Madam, if you only knew as much about Resinol as doctors do—how safe it is to use, how promptly it acts—you would not doubt, you would use it at once. Usually it stops itching immediately and soon removes every bit of eruption."

Resinol Ointment is an easily discontinued skin treatment which can be used on exposed surfaces with the most successful results. Sold by all druggists and chemists. Made by Resinol Co., Boston, Mass.

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